



north east hants branch

Garden Open Days

Wednesday June 15th 2011

2 – 6pm

Sunday June 19th 2011

2 - 6pm

Turrill House,
Southington,
Overton,
RG25 3DA

Teas and Plant Sales

Entrance: Adults £3.50, Children free

No Dogs - Bring Wellies if wet!

For further information please telephone

07798 891223 or 01256 763243

Motor Neurone Disease Association - Registered Charity No: 294354

Fund raising

I have the honour of being Captain of Hurtmore Golf Club for 2011. I have played golf for many years but had never really taken it seriously, until joining HGC. And have now been a member for 4/5 years. My playing still leaves a lot to be desired, but I really enjoy the game, which is the important part.

I have chosen MNDA (Motor Neurone Disease Association) as my charity for the year, and hope, with the help of my fellow members to raise some money for the North East Hants Branch, also to promote awareness to those who have little knowledge of the disease. 17 years ago my younger Brother died of this disease at the age of 39. We have been members and involved with the Branch in various ways ever since. I know the volunteers at the branch work tirelessly to support sufferers in the local community and that any extra help we can give by way of funding will be put to very good use. I look forward to good fund raising in my Captaincy year.

Sid Plummer

Branch Street Collections

Help with street collections is urgently needed!

Can you spare us a couple hours of your time to assist us with our street collections?

Our collections are a major source of income for the Branch.

Volunteers can opt to do an early morning stint or late afternoon causing minimum disruption to their day.

To volunteer contact
Coral Smith on 01256 763243 or
coral.r.smith@btinternet.com

David Stiles

Hi everyone, my name is David Stiles and hopefully, I will be submitting articles for our Newsletter from time to time. I have been asked by the editor Steve Steele, to give a small profile of myself and intentions – so here goes.

My dear wife Sheila was diagnosed with Bulbar Palsy about a year ago and now sadly cannot speak. We registered with the MND association last summer. We are in our late 70's, have an only son, who flies for a major airline and 3 super grandchildren; two young teenage boys and a lovely little girl of 3 yrs. Thankfully, they live close by and we also have a very large extended family and a host of very good friends. We are extremely lucky!

'Positivity with humour' is our byword.

After a short service in the RAF I took up aviation as a lifetime career, namely an Avionics Engineer. That's the guy that taps the instrument glasses, checks the radios and navigation equipment and makes sure the infamous Black Box has the best and safest 'seat in the house'!

My interests are wide and varied. Huntin', shootin' & fishin', archery; a follower of most sports, including 'white knuckle' rides at theme

parks when coerced by persistent grandsons! That's the time I begin to doubt my sanity?

However, perhaps my keenest interest is something that started in my boyhood, and which I still enjoy today. It has also captured the interest of my son and grandsons – Radio Controlled Model Aircraft, thus my, and the families' great interest in all things, 'aviation'.

Finally, there is my writing. This is something that I enjoy and relax with, particularly if it has a humorous element to it, as hopefully you will see?

It is my wish to try and put a smile on people's faces who read our Newsletter, especially if they have been having a 'dark day'.

So good people, I've laid out my stall and I promise that anything that I write will be of 'no use at all to anyone – except maybe to raise a smile?

So fasten your seatbelt', strap on your 'laughing tackle' and let's go and have a 'fun flight' with a 'happy landing'!

Cheers

Dave Stiles

Branch 2011 AGM

The Branch AGM was held at Chineham, on Wednesday 6th April 2011 and was attended by more than 30 MNDA members and friends and supporters of the Branch. In her Chairman's report, Coral outlined the activities carried out by the North East Hants Branch during 2010. She said that Mr Edward Eves had sadly died in November and that he would be missed by all of us. The last AGM was attended by Health Care Professionals, showing the continuing growth of the Special Interest Group. In June at St Michael's Hospice a training day was held with co-operation from our RCDA, Annemieke, and the Hospice Staff and chaired by Pauline Owen and supported by people living with MND and Carers to lead the workshop sessions.

Coral reported that a high-light of this year was that Linda now has the support of two more Association Visitors. They have both completed their training and are now supporting families in our area living with MND. Thank you to Val and Gail. The Branch Open meetings were the AGM and the Social Evening in November to thank fund raisers and supporters of the Branch. Coral said that Liz had given her the information on the accounts and a summary of the income and expenditure had been distributed to everyone present at the AGM.

Coral highlighted the support the Branch had received for the Plant Sale in May from Lyn and Peter and she went on to outline other events held during the year. In June Hilary opened her garden in Overton and raised money towards Research projects. Other fund raising events included the collections, the Rotary Wishing Well Appeal in Fleet and the Barn Dance in March. Sadly the Branch receives income in memoria and the Inner Wheel branches of Camberley and Farnborough have also made donations from Fund raising events because of a member who had MND. The day time "get togethers" have moved from Chineham to meeting in garden centres. This is currently under review, the purpose being to check that we are giving the support families living with MND want.



Coral concluded her report by thanking Linda, Paul Liz, Karen and Chris for their support on the committee. She said that Linda continues as AV co-ordinator and as Branch Contact thank you for many years of work. Liz continues as treasurer and Paul, who has had some ill health, continues to support the work of the Branch. Karen writes to MP's and is looking to raise the profile of our Branch. Steve edits the newsletter and has added his professional touch to this and Chris updates the web site and produces fund raising posters/leaflets for the Branch. Unfortunately this year, Chris Maton has had to step down from the committee following family bereavements but she will stay on the collectors list. Finally Coral said that she had been grateful for support from Lucy our branch VDC, particularly last summer when she had to concentrate on family issues.

Coral thanked everyone for coming and for continuing to support the Association and our Branch. She said that although she was reporting on last years fund raising, she wanted to mention the splendid start to 2011 made by Karen and her friends who ran a Quiz and raised £900, plus another cheque for £900 from the Inner Wheel of Farnborough.

Following the Chairman's report, the examined Branch accounts were presented and the adopted.

Finally Annemieke thanked all those in the branch who raise funds, increase awareness and support those living with MND in North Hampshire.

After the formal part of the meeting, Coral introduced Dr Jane Bywater, Palliative Care Consultant. Dr Bywater gave an interesting talk on quality of life and what makes this for each of us, in what ever path we are travelling. The concept of shape, number and the differences between a maze and a labyrinth was a very interesting concept in terms of well being.

The meeting finished with a buffet lunch and time to chat.



Hawaiian themed charity night

On the 23rd April, a Hawaiian themed charity night, was held at the Bridge Memorial club, Blackwater.

The charity selected was MND, as I have been a recently diagnosed sufferer.

On the night there was a disco operated by Dazza and Colin, and a

raffle with prizes donated by various members and their families, which raised £480.

Since that night the total raised is approximately £520, some monies recently generously added by the winning team of a quiz night, held 1st May.

Peter Loveday



Quiz Night Report

About 100 people attended this splendid evening in Eleveltham, organised by our MND Branch. Teams of 6 quizzers vied with each other to get the best brains on their table, then 15 teams commenced battle under the strict stewardship of Lynette.



We could see from the start that Lynette would take no nonsense from any 'rabble rousers'. Her "Shuuush" had to be obeyed ... instantly!

Now, far be it from me to say that the questions were hard. However, I think even Albert Einstein might have finished the evening with a headache! I certainly did!

My team 'Quizzical Minds', had a double setback. Their first was in inviting me to join them! The second was that sadly, our 'big guns' Bernie & Dave Harper, had to pull out at the last minute due to Bernie's cold. The whisper was that they are members of MENSA with I.Qs off the scale! Thus, I only went along for the beer and the fish n' chip supper. That wasn't to be. Our depleted team of 4, now in the very capable hands of Gail, (ably assisted by husband Maurice) was soon put to the task. Gail made it very plain that being 'two brains down' I was going to

have to 'sing for my supper'!

I think our Captain soon realised that we were in trouble when I was questioned about 'Old Masters' just prior to that particular round. When asked if I was familiar with any I replied, "Yes. Unfortunately, they were now all retired or dead!" (Come to think of it, one of my old

schoolmasters was a little 'familiar'?)

"No" she said indignantly, "I meant are you any good at Painting?"

"You bet!" I replied, "Just give me a good set of brushes and some nice

wallpaper and I'll do you a good job"!

I started to see what Gail was talking about when 12 Old Masters were cleverly projected onto the wall, together with a list of artists to which they had to be 'married'.

Down went my head. There were no Lowery 'Matchstick Men', Constable 'Haywain' or even a Rolf Harris 'Outback' – I was gutted! Mind you I won a coconut when I put 'Dali' next to the painting that looked the same any way you looked at it!

Famous Film Theme Music round. Knew every tune, and not one 'so and so' title!

Now I suspect that the person who put the General Knowledge round together was an alcoholic for sure? Every other question seemed to be on grapes or wine?

As I am 'pillar of sobriety' (hic!) and the fact wine isn't usually dispensed from a barrel, I had a 'dry glass' in that round too!

So all my swatting up on Cabinet Ministers? not one *^!*x<!>! question!

And so my miserable input onto our answer sheet continued. My dear wife Sheila, who sadly now cannot speak, was now 'signing adjectives' describing my feeble efforts – some of them not in the 'signing language vocabulary' I'm sure!



Thankfully, the fish n' chips were served and greeted with a cheer; an even bigger cheer went up when the vinegar arrived! This welcome repast allowed overworked minds to cool and glasses to be topped up.

And so 'Quizzical Minds' limped to the finishing line with three struggling brains, plus one lame duck! However, in spite of my pathetic effort, we still managed to finish creditably, half way up the results list. And because I managed to get the 'Dali' question right, my team are recommending me for MENSA membership!

Mind Extinct Not Socially Acceptable

Prize giving saw the smiling triumphant team, '**Mild Bunch**' from Hartley Witney presented with their certificates. Mind you, way they whooped and hollered with delight I think they ought to rename themselves *The Wild Bunch!* Well deserved winners for sure.

(Thinks; 'must canvas those guys to see if they will be re-recruiting for their team next time?')

A well stock Draw Table again, saw many smiling winners.

Finally, it would be remiss if this report did not convey hearty thanks to the many hard workers that made this super evening possible.

Karen and her 'overworked and underpaid' bar staff.

(Apologies, again for mentioning the Wales – England rugby result !)

Coral – our Branch Chair for her fine welcoming words.

Lynette – our superb Quizmaster? Quiz Mistress? Quiz Person? (One of them is right?)

And finally; To all the many friends and competitors, who dipped generously into their pockets for the Association, and whom without – the hall would have been awfully quiet!

('tongue in cheek')

Dave Stiles

MND Association Raffle

Last year's annual raffle promoted by both branches and groups and National Office raised nearly £122,000 for our care support services for people living with MND as well as funding research projects.

Here at the North East Hants Branch we have now received our first allocation of 2011 raffle tickets, and with your help, are looking forward to this year's raffle being even more successful than last year. **All money raised by our Branch will be sent to us after the draw, enabling us to help improve the lives of people living with MND in our local area, how we choose.**

You may not be aware that we rely almost entirely on voluntary donations, so please do buy and sell as many tickets as possible, **sending all ticket stubs and funds directly to us at the Branch.**

The closing date for raffle entries is Friday, 28 October 2011 and the winners will be drawn on Monday, 7 November 2011 - so there is plenty of time for us, with your help, to maximize this fundraising opportunity for people living with MND in the North East Hants area.

We will be selling tickets at our local fundraising events and you can also obtain tickets directly from the Branch by emailing Coral our Chairman at coral.r.smith@btinternet.com

Raffle Rules:

- The MND Association promotes responsible gambling
- The raffle is open to all UK residents, excluding staff of the MND Association and Northern Ireland, Jersey, Guernsey and the Isle of Man
- Tickets cannot be purchased or sold by anyone under the age of sixteen
- If you are intending to sell tickets at an event you must seek permission from the event organiser prior to the event
- Tickets must not be sold in the street
- Any money received after the closing date will be treated as a donation and will be used to fund our work
- The MND Association accepts no liability for tickets which are lost, damaged or illegible or from which the prize winner cannot be identified
- Prizes are non-transferable and non-negotiable
- Licensed by the Gambling Commission under the Gambling Act 2005, License Nos: 004800-N-304019 (non remote); 004800-R-304018-002 (remote). <http://www.gamblingcommission.gov.uk/Client/index.asp>

Taking part in the 2011 raffle gives you the chance of winning one of 25 great prizes, totaling over £4,000. As well as helping us raise much needed funds for our area, while increasing awareness of MND and the work of the Association.

All winners will be notified in writing. Soon after the draw date a list of winners will be published on the MND Association website at www.mndassociation.org

Please see below the fantastic prizes on offer for the price of a £1 ticket:

1st prize choice: A journey on the Ori-ent Express or £3,000 cash!

2nd prize choice: A digital SLR camera or £500 cash!

3rd prize choice: A spring weekend break in Snowdonia kindly donation by the family of Mrs Brenda Maloney!

4th prize choice: Garden furniture or £150 cash!

5th prize choice: A luxury hamper or £100 cash!

20 runners up prizes: £20 cupcake gift voucher partly donated by www.cakeadoodledo.co.uk

Finally, we would like to thank you so much for your support with this year's raffle and we wish you the very best of luck in the raffle draw!

Diary

June

Wednesday 8 June
Day time meetings

For any further information about day time get-togethers please contact:
Linda Ingham on 01252 682749 or
linda_ingham@hotmail.co.uk

Wednesday 15 June
Open Garden
2 – 6pm

Sunday 19 June
Open Garden
2 - 6pm

At Turrill House, Southington, Overton,
RG25 3DA

Teas and Plant Sales

Entrance Adults £3.50 Children free

No Dogs - Bring wellies if wet!

July

Saturday 2 July
Branch Street Collections
Princes Mead, Farnborough

Monday 18 July
Special Interest Group (SIG)
Lucy Godwin feedback from Oxford
conference
Contact Annemieke Fox for more
information

September

Saturday 10 September
The MND Association
AGM and Annual Conference
The Radisson Blu Hotel, Stansted

Registration is free for people with
MND and their carer/spouse.

An exciting programme of speakers
and workshops has been lined up to
cover a variety of topics relating to
MND.

You can register online at the MND
Association website
www.mndassociation.org or contact
the Association on 01604 611837

October

Wednesday 19 October
Special Interest Group (SIG)
Clare Erridge talking about cognitive
changes in MND
Contact Annemieke Fox for more
information

November

Saturday 19 November
Branch Street Collections
Festival Place, Basingstoke

Saturday 26 November
Branch Street Collections
Sainsburys, Hatch Warren

Contact

MND connect

08457 626262
mndconnect@
mndassociation.org

Branch Contact number

We use a mobile number as the branch
contact number.

In response to any calls received on
the mobile number we will call back as
soon as possible.

Any one who has speech difficulties
will be able to text a message.

07798 891223

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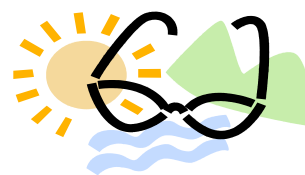
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Next issue due in October
Please have your contribution in
by the third week of September